

An Act of Spiritual Communion in Lent

Lord Jesus, you are my Lord and Saviour.
I turn to you, already present in my heart.
To acknowledge your presence in this moment
brings me strength and comfort.

I recall the words you used in the desert
when you faced the Tempter,
and I know I cannot live on bread alone.
Keep your Word alive and fruitful in me.

You have given me the gift of life.
In this time of Lent, revive my spirit
and nourish me in my inmost self
on my journey towards Easter

In all the circumstances of my life,
help me to know the Father's will
and to trust his plan for me, even in times of trial,
confident that he desires only my highest good.

Confirm in me your Spirit of love and service.
Help me to see the good that I can do
and give me the will to do it.

May our communion in this moment of grace
become at last the communion of heaven,
with Mary and Joseph,
and with all who have gone before me
into the fullness of risen life
with you, Lord Jesus,
and with the Father and the Holy Spirit,
for ever and ever. Amen.



Parish of Clones

Sacred Heart, Clones
St Alphonsus, Connors
St Macartan's, Aghadrumsee

Parish Office
10.00am—4.30pm (Monday—Friday)
Telephone: 047 51048
Email: clonesparish@gmail.com
Website: www.clonesparish.com

14th February
2021

Sixth Week
in
Ordinary Time

Masses and Intentions for the Week

		Sixth Sunday in Ordinary Time <i>(Day of Prayer for Temperance)</i>
Vigil	7.30pm	Owen & Annie Beggan, Mullinvaum
Sun 14th	11.30am	People of the Parish
<hr/>		
Mon 15th	10.00am	Mass of the Day
Tue 16th	10.00am	Mass of the Day
Wed 17th		Ash Wednesday <i>(Day of Fast & Abstinence)</i>
	10.00am & 7.30pm	Mass online from Clones
Thurs 18th	10.00am	Charlie McDonagh, Millbrook
Fri 19th		<i>(Worldwide Day of Prayer for Survivors and Victims of Sexual Abuse)</i>
	10.00am	Aidan & Cora McFarland, Fairview
Sat 20th	10.00am	Liam Nicholl, Fermanagh Street
<hr/>		
		First Sunday of Lent
Vigil	7.30pm	Sean McCaffrey, Annaghmullen; Gary McGovern, Maguiresbridge & Clones; Philomena Hughes, Tiernahinch
Sunday 21st	11.30am	Alphonsus Killen, Mullinamoy (Month's Memory)

Parish Mobile (in case of emergency): 085 817 6203.

Masses for the week

Saturday 7.30pm Sacred Heart, Clones

11.30am Sacred Heart, Clones

Weekdays: Mon-Sat in Sacred Heart Church at 10.00am

(When there is a funeral in Clones, the Mass will be at 11.00am)

All Liturgies in Sacred Heart Church are broadcast on the Parish website

Baptisms are celebrated in Sacred Heart Church on the second Saturday of each month at 4.00pm and in St. Macartan's Church on the third Sunday at 1.00pm.

Death: Please pray for Willie Donegan, Newtownbutler
Evelyn McManus, Surrey & formerly O'Neill Park

Sacred Heart Church Readers:

17th Feb	7.30pm	Liz Manley
20th Feb	Vigil	Mary Nicholl
21st Feb	11.30am	Hugh McDonald

Temperance Sunday is marked today across our country. Normally on this Sunday the candidates for Confirmation and others wishing to take the pledge would gather in our churches with the local Christian community. This year we cannot do that. Still, temperance calls us to moderation and balance. With all the pressures many are experiencing, that is more important today. We pray for all who are burdened and for those seeking new pathways in life.

**Prayer of the Temperance Priest,
Fr Theobald Matthew (1790-1856)**

Compassionate Lord and Saviour,
you inspired Matthew to show compassion to those
addicted and burdened by the abuse of alcohol
and helped him to promote temperance.

May we today, continue to serve our brothers and sisters
with love and joy, and to foster balance and moderation
in our lifestyles with the help of God.

So, we pray, *"here goes in the name of God."* **Amen**

Ash Wednesday. As it will not be possible to have the customary practice of receiving ashes this year, families are invited to join Mass online or via RTE News Now or Radio Maria. The text of a Family Prayer Service for Ash Wednesday is available in the churches this weekend as well as via www.clogherdiocese.ie

Online Talks for Lent – *Awaken Our Baptismal Calling in Parish Ministry* is the theme of three online talks organized for Lent as part of the **Clogher Diocese in Dialogue** process. These will be held on www.clogherdiocese.ie and on the Diocese of Clogher Facebook page on Wednesday 24th February (Speaker: Julie Kavanagh on Baptism and Parish Ministry); Wednesday 10th March (Speaker: Fr Gareth Byrne on Re-Imagining the Link between Schools and Parish today) and on Wednesday 24th March (Various speakers who are involved in parish ministry across the Diocese of Clogher). All at 7.30pm and last for about 40 minutes. No booking necessary.

A Diocesan Way of the Cross Online led by Bishop Larry Duffy and people from communities of faith across the 7 Pastoral Areas of the Diocese of Clogher on Friday 26th March on www.clogherdiocese.ie and on the Diocese of Clogher Facebook page.

Catholic Engaged Encounter. A 'Zoom' online Marriage Preparation Course is planned for 27th-28th March 2021. This 2-day course is a positive way of preparing for Marriage where you will discover how you can enrich your future relationship. For information or booking email: marriageencounter.ie or phone 028 276 38512.

A Valentine Prayer

I said a Valentine prayer for you
and asked the Lord above
to fill your heart and bless your soul
with the precious gift of love.

I asked him for sincere love
the kind that's meant to stay
just like the generous love
you give to those you touch each day.

I prayed for love from family
and from every cherished friend
then I asked the Lord to give you
his love that knows no end.