

I ARISE TODAY

I arise today, through a mighty strength,
The invocation of TheTrinity! Through belief in TheThreeness!
Through confession of TheOneness of TheCreator-of-Creation!

I arise through the strength of Christ with HisBaptism!
Through the strength of HisCrucifixion with HisBurial!
Through the strength of HisResurrection with HisAscension!

I arise through TheStrength-of-Heaven!

Light-of-Sun, Brilliance-of-Moon, Splendour-of-Fire,
Speed-of-Lightning, Swiftmess-of-Wind, Depth-of-Sea,
Stability-of-Earth, Firmness-of-Rock!

I arise today, through God'sStrength-to-Pilot-Me!
God's-Might-to-Uphold-Me, God'sWisdom-to-Guide-Me,
God'sEye-to-Look-before-Me, God'sEar-to-Hear-Me,
God'sWord-to-Speak-to-Me, God'sHand-to-Guard-Me,
God'sWay-to-Lie-before-Me, God'sShield-to-Protect-Me,
Against-Everyone-Who-shall-Wish-Me-Ill,
Afar&Anear, Alone&In-a-Crowd!

Christ with me! Christ before me! Christ behind me!

Christ in me! Christ beneath me! Christ above me!

Christ on my right! Christ on my left!

Christ in breadth! Christ in length! Christ in height!

Christ in the heart of every one that thinks of me!

Christ in the mouth of every one that speaks of me!

Christ in every eye that sees me!

Christ in every ear that hears me!

I arise today through a mighty strength,

TheInvocation-of-The-Trinity! Through-belief-in-Threeness!
Through Confession-of-TheOneness-of-TheCreator-of-Creation!

Salvation-is-of-TheLord! Salvation-is-of-Christ!

May-ThySalvation, O-Lord, Be-Ever-with-Us! Amen!



Parish of Clones

Sacred Heart, Clones
St Alphonsus, Connon
St Macartan's, Aghadrumsee

Parish Office by phone or email only
10.00am—5.00pm (Monday—Friday)

Telephone: 047 51048

Email: clonesparish@eircom.net

Website: www.clonesparish.com

7th June
2020

Tenth Week
in
Ordinary Time

All Masses in Sacred Heart Church are broadcast on the Parish website

Masses and Intentions for the Week

Sat 6th Vigil	7.30pm	The Most Holy Trinity Charlie McCabe, Clonkeencole; Bridie Reilly, Tiernahinch; Dympna Lynch, Enniskillen & Kibb
Mon 8th		No Mass
Tue 9th		St. Columba, Secondary Patron of Ireland
	10.00am	Eddie Masterson, Beechgrove
Wed 10th	10.00am	Anne Mohan, & Harry Loughran, Follom
Thurs 11th		St. Barnabas, apostle
	10.00am	Pauline Malady, Belfast
Fri 12th	10.00am	Mary & Michael Martin, Cara Street
Sat 13th Vigil	7.30pm	The Most Holy Body and Blood of Christ Gerard (Gerry) McMahon, Carn Heights, 1st Anniv; Rose & Peter Connolly, Roslea Terrace

Parish Mobile (in case of emergency): 085 817 6203.

Clones Parish Office is closed but you can communicate via email or phone from 10.00am until 5.00pm each weekday.

Anointing of the Sick: There will be no house calls (including First Friday calls) at this time. Priests will phone and pray with the sick or house-bound.

Baptisms: Baptisms and Marriages - Please contact the Parish Office for up to date information.

Confessions: Individual Confessions are not now possible. People are reminded of the longstanding pastoral practice, when penitent's access to the Sacrament of Reconciliation is restricted, that they can be assured that their sins are forgiven if they make an act of contrition with a firm resolve to approach the Sacrament of Reconciliation after the stay at home orders are lifted. Pope Francis has spoken on this in recent days and it is in line with the Catechism of the Catholic Church.

Deaths: We pray for Teresa Crudden, Aghadrumsee
Wilhelmina (Billie) Elliott, Fortview Terrace

An Act of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,
and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.

I embrace You as if You were already there
and unite myself wholly to You.

Never permit me to be separated from you.

Amen

LOURDES2CLOGHER VIRTUAL PILGRIMAGE 2020: Due to Covid-19 we have not been able to have our annual diocesan pilgrimage to Lourdes this year. But we are planning a **virtual pilgrimage online - Lourdes2Clogher - for the same dates, 3rd –until 8th July**. This virtual pilgrimage will be hosted on the Diocese of Clogher Facebook Page and on the Clogher Lourdes website and the liturgies and other devotions will be broadcast from various churches and locations across the diocese. More details of the programme coming soon.

Lough Derg June Online Retreat Days

Normally in the month of June Lough Derg would be welcoming pilgrims to the Island for the Three Day Pilgrimage, but these are not normal times we are living through.

Lough Derg has begun to work through the public health protocols and is preparing for opening later in the summer as guided by the roadmap given by the Irish Government on the easing of restrictions.

During the month of May they embarked on offering a very different experience to keep Lough Derg connected with the many people who make a One Day Retreat on the Island in May. On four days they welcomed people to share in a programme that included elements of their One Day Retreats, but in a way adapted to an online format. They were overwhelmed by the positive responses and enquiries about possible further dates.

Encouraged by the responses they are offering three further Online Retreat Days in June:

Sunday 7th June 2020

Saturday 13th June 2020

Thursday 18th June 2020

To read more about the retreats and where to go and how to join the retreat days they invite you to visit <https://loughderg.live/>

This is a new, dedicated website offering retreat resources for people to access as and when they are free to do so. A recording is available from one of the day retreats in May. It is offered as a complete programme to support people who do not have the time in their schedule to share a day with us online in June. This retreat recording can be accessed on this new website at any time.

The Lough Derg team are currently working remotely Monday to Friday from 9.00am until 5.00pm on 071 9861518.